

1961 - 2021 Tirumala Tirupati Devasthanams Sri Venkateswara College (University of Delhi)



Department of Statistics Sri Venkateswara College On the occasion of Diamond Jubilee Celebrations. Organizes Webinar On

Mudra Pranayam

**A Simple Effective Yogic Practice** 

## Speaker-Ms. Neelam Bhardwaj

Certified Yoga Teacher from Yoga Vidya

- Niketan , Mumbai
- Certified Level III Yoga Practitioner.

## Tuesday, October 5 ,2021 10:30 am-11:30 am

<u>https://bit.ly/3F4wSQO</u>

E-Certificate will be provided to registered participants

PatronTICConvenorCo-ConvenorProf. C Sheela Reddy<br/>(Principal)Prof. Veena BudhrajaMr. AkashMs. Kanika Verma

For Queries, contact:

Abhin Rustagi(President): 9599915671